APRIL – JUNE 2025 VOLUME 13 ISSUE 2

## Support



## Learning



# Networking



## **SPRING**

The feeling of Spring is finally in the air! This is a season of growth and change. I encourage you to consider the factors that contribute to the growth we see around us. The melting snow waters the plants. The sun warms them. The earth feeds and supports them. In the same way as foster caregivers, you have the incredible opportunity to be Spring to kids who might be coming out of a bitter cold Winter. I hope that as this season of their lives progresses, they will accept your warmth and grow and blossom as they dig their roots into the security that you offer.





"Fostering has its joys and its unique challenges. If you need support, want to celebrate your wins with someone, or just need someone to vent to, please reach out."

Call **250-793-2267** or Email **foster@communitybridge.ca** 

to set up a time to talk.

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## **LENDING LIBRARY**

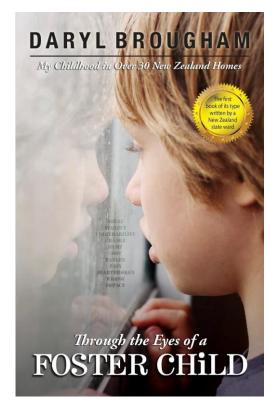


Check out our books
and DVDs about
parenting,
foster kids,
mental health,
and child development!

CLICK HERE TO SEE THE LIST!

### **BOOK HIGHLIGHT**

Through the Eyes of a Foster Child (Brougham, 2021) is a powerful true story of a New Zealand boy's first 18 years of life, all spent in foster care. After a childhood and adolescence saturated with abuse and trauma, Deryl ends the book describing how he overcame the impact of his many losses and committed his professional life to improving the foster care system in New Zealand. Grab a box of Kleenex and allow this book to grow your empathy for foster kids.



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The Caregiver Learning Network (CLN) consists of representatives from caregiver support agencies throughout BC. The CLN provides online seminars and courses for Foster Caregivers, Kinship Care Providers, and Contracted Agency Caregivers.

Click here to register!



When you register online through the Caregiver Learning Management System (CLMS), you will have access to all that CLN offers! This is a great way to connect with other caregivers and earn certificates.

#### SESSION HIGHLIGHT

### Circle of Security Parenting Program for Foster Caregivers

Thursday afternoons from May 1 to June 19, 12:30 - 2:00 PM, PST

Understand your child's emotional world by learning to read the emotional needs. Support your child's ability to successfully manage emotions. Enhance the development of your child's self esteem. Honor your innate wisdom and desire for your child to be secure.

#### Learn more and register at:

https://learn.fpsss.com/training/circle-of-security-parenting-program-for-foster-caregivers/2025-05-01/

# Roster Pert

# Support

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Support



Sherre

Fort St. John
April 25 at 10:00 AM
Conference Room
Community Bridge

<u>Dawson Creek</u>
April 25 at 1:30 PM
Conference Room
Community Bridge

Connect with Other Fester Perents

Enjoy Coffee and Snacks



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Community Bridge 10142 101 Avenue Fort St. John, BC V1J 2B3 (250) 793-2267



# FOSTER PARENT RECRUITMENT, RETENTION, AND SUPPORT

Community Bridge seeks to engage with caregivers, address their inquiries, and connect them with community resources and support systems. We are committed to supporting Foster Parents, Kinship Care Providers, and Out-of-Care Providers in:

Chetwynd

Dawson Creek

Fort Nelson

Fort St. John

Hudson's Hope

Indigenous communities

Tumbler Ridge

and surrounding areas

Community Bridge
10142 - 101 Avenue
(250) 793-2267
Foster@CommunityBridge.ca